



ACCESS CONSCIOUSNESS®



Access Consciousness® is a system of tools, techniques, and processes that can change every aspect of your life. Designed to empower you, Access invites you to be the expert of you.

Access Consciousness – Empowering you to know that you know

Whether you want to change something in your business, your relationships, or your body, Access Consciousness has tools and systems to facilitate any change.

Delivered through seminars, telecalls, online trainings, books, audios, and consultations, Access Consciousness has over 10,000 facilitators worldwide and is available in over 170 countries.

Practical, dynamic, and pragmatic, Access is designed to create greater possibilities and more ease, joy, and glory in your life.

All of life comes to me with ease, and joy and glory®

**WHEN YOU ACCESS THE
CONSCIOUSNESS THAT YOU
ARE, YOUR LIFE STARTS TO
SHOW UP WITH EASE, A SENSE
OF JOY, AND A SENSE OF
POSSIBILITIES.**

– DR. DAIN HEER



WHAT IF?

Many people spend their lives searching for “answers” through spiritual retreats, meditation, yoga, and gurus, thinking something is wrong with them. What if it was easier than that? Access has a different point of view.

What if there has never been anything wrong with you?

What if the only thing stopping you from anything is you and what you concluded about yourself? And now, what would it take to claim your greatness?

Access is based on questions designed to bypass your logical mind. Just like Einstein and Da Vinci knew, questions have the power to take you into a land of possibilities, whereas conclusions bring everything to a halt.

In short, Access is a totally different point of view about life. At its core is the idea that you are not wrong, that you know, and that consciousness can shift anything!



WHO IS IT FOR?

The seekers, the idea-makers, and the dreamers who have always known something else is possible, and those with a thirst to create something different in business, relationships, and everyday living.

WHAT IS REQUIRED?

An open mind, a willingness to go beyond the normal and move from problems to possibilities.

EFFECTS OF ACCESS CONSCIOUSNESS

- You become a possibility seeker instead of a problem solver.
- You have more gratitude for everything and everyone on the planet.
- You start to like yourself more!
- You will start navigating your life with more ease and joy.

IF YOU START LOOKING FOR POSSIBILITIES INSTEAD OF RESULTS YOU CAN HAVE AN EVER-EXPANDING REALITY OF POSSIBILITIES, AND IN SO DOING CREATE A DIFFERENT WORLD.

– GARY DOUGLAS

THE FOUNDERS



GARY DOUGLAS

Gary Douglas is an internationally-recognized thought leader, business innovator, bestselling author, and founder of Access Consciousness®.

An avid investor and serial entrepreneur, Gary's current enterprises include a luxury boutique castle in Italy, an eco resort in Costa Rica called El- Lugar and the Lazy Double D Ranch in Houston where he also breeds a Costarricense De Paso horse.

A vocal advocate of benevolent capitalism and conscious leadership, believing that business can be a force for good, contribute more to the planet, and create a sustainable future. In life, Gary's point of view is that business should be an extension of the joy of creation, and everything he does is from the perspective of **“Where can I contribute more to the planet to create a sustainable future that creates greater possibilities for everyone?”**

Gary has authored or co-authored numerous books, including *The Place*, a Barnes and Noble #1 bestseller. He has featured in TV shows, print media, and online publications around the world. He is renowned for his unique insights on love, relationships, money, business, aging, leadership, and emotional freedom.

Keep up to date with Gary on [Instagram](#) and [Facebook](#)
More at www.garymdouglas.com



DR. DAIN HEER

Dain Heer is a bestselling author, change-maker, speaker and co-creator of Access Consciousness.

Beginning his journey as a chiropractor, Dain has traveled the world for the past 25 years, sharing his unique insights on happiness, bodies, relationships, getting unstuck from the yuck and everything in between.

Growing up in the ghetto in Los Angeles, Dain was exposed to constant abuse however he never chose to be a victim. In his talks and workshops, he uses a set of tools and provides step-by-step energetic processes to get people out of the conclusions and judgments that are keeping them stuck on a cycle of no choice and no change – leading them into moments of awe that they have the power to change anything.

Along his journey, he developed his signature energy work called **The Energetic Synthesis of Being: A Totally Different Way** that invites a new level of awareness and energetic transformation with bodies which includes kindness, caring, and communion.

Keep up to date with Dain on [Instagram](#) and [Facebook](#)
More at www.drdainheer.com

POPULARITY

Access Consciousness has been used by hundreds of thousands of people worldwide, including celebrities, athletes and politicians. Every month over one million people visit the website, and social media grows by the day.

**ONE OF THE GREATEST
GIFTS OF ACCESS
CONSCIOUSNESS IS THAT IT'S
ABOUT BUILDING
AND CREATING A FUTURE
THAT IS DIFFERENT
FROM THE PAST.
– DR. DAIN HEER**

LET'S GET SOCIAL

Facebook
facebook.com/accessconsciousness

Instagram
[@accessconsciousness](https://www.instagram.com/accessconsciousness)

Website
www.accessconsciousness.com

Contact
media@accessconsciousness.com

ACCESS IN THE MEDIA

Gary Douglas, Dr. Dain Heer and many other Access Consciousness facilitators make regular appearances in various media outlets around the world, from top podcasts to TV shows, popular magazines and online outlets. Some of the media where the tools and facilitators are regularly featured are listed below.

